

Sandwiches

Served on granary, sourdough or Ancien bloomer bread with salad and slaw. Toasted add 75p

Hummus, falafels & salad with mint yoghurt dressing **£5.45**

Mature Cheddar, caramelised red onion chutney and sliced tomatoes **£5.45**

Bacon, Lettuce, Tomato and mayonnaise **£6.45**

Brie, rocket, avocado and roast red pepper and sweet chilli sauce **£6.45**

Pesto, tomato and Mozzarella with balsamic dressing **£6.45**

Pastrami, cheddar, pickles and mustard **£6.95**

Tuna mayo, cheddar and salad **£6.95**

Children's meal **£4.95**

Small sandwich of cheddar, tuna or ham, carrot sticks, hummus dip and a cookie with a glass of milk or bottle of water.

Eats

A selection of Bloomer toast **£2.50**

Served with butter and jam or marmalade

Fruity Muesli **£4.00**

Fruity and nutty muesli served with yoghurt, coconut milk, soya milk or milk. Topped with banana

Bacon Toastie **£5.00**

Smoked streaky bacon and sliced tomato in toasted French or granary bloomer

Mashed Avo on Toast **£7.50**

Toasted sourdough topped with mashed avocado and chilli dressed cherry tomatoes.

Veggie Platter **£7.50**

Falafel, cous cous, side salad, olives, bread and hummus

Local Cheese platter **£8.50**

3 cheeses with side salad, olives, bread and hummus

Deli Meat platter **£9.50**

A selection of charcuterie with side salad, olives, bread and hummus

Specials

Sandwich of the day

Salad of the day

Plate of the day

Drinks

	Small 1 shot	Large 2 shot
Espresso	£1.50	£1.90
Americano	£2.00	£2.40
Latte	£2.40	£2.80
Cappuccino	£2.40	£2.80
Flat White	£2.50	
Mocha Latte	£2.60	£3.00
Extra shot of coffee		50p
Vanilla /caramel syrup		50p
Whipped cream		50p
Hot chocolate	£2.40	£2.80
White hot choc	£2.50	£2.90
Chai latte	£2.40	£2.80
Babiccino	£1.00	
Marshmallows & cream		75p

Bluebird Tea: for one £2 for two £3.50

Great British Cuppa

Classic English breakfast blend of three black teas

Earl Grey Creme

Black tea with oil of Bergomot, vanilla, cornflowers

Skinny Minny

Pu'erh tea to aid digestive issues

MojiTEA

Green tea with mint

Nearly Nirvana

White silver needle tea, jasmine and spearmint

Morning Kick

Mate tea for a boost with lemon and ginger

Dozy Girl

A soothing blend of chamomile, lavender, rose

Strawberry Lemonade

Fruity burst of Strawberry pieces and lemon zest

Honey Bee Beautiful

Smooth Roibos, chamomile and honey bush

Gingerbread Chai

Ginger, spices and roibos